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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

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**FORM 6-K**

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**REPORT OF FOREIGN PRIVATE ISSUER  
PURSUANT TO RULE 13a-16 OR 15d-16 UNDER  
THE SECURITIES EXCHANGE ACT OF 1934**

For the month of April 2026

**Commission File Number: 001-40540**

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**Atour Lifestyle Holdings Limited**  
(Exact name of registrant as specified in its charter)

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**1st floor, Wuzhong Building,  
618 Wuzhong Road, Minhang District,  
Shanghai, 201103, People's Republic of China  
(+86) 021-64059928  
(Address of principal executive office)**

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Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F:

Form 20-F

Form 40-F

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## EXHIBIT INDEX

<b>Exhibit No.</b>	<b>Description</b>
<a href="#">99.1</a>	<a href="#">Press Release — Atour Lifestyle Holdings Limited Files 2025 Annual Report on Form 20-F</a>

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**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

**Atour Lifestyle Holdings Limited**

By: /s/ HAIJUN WANG

Name: Haijun Wang

Title: Chairman of the Board of Director and Chief Executive Officer

Date: April 17, 2026

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**Atour Lifestyle Holdings Limited Files 2025 Annual Report on Form 20-F**

SHANGHAI, April 17, 2026 /GlobeNewswire/ -- Atour Lifestyle Holdings Limited (“Atour” or the “Company”) (NASDAQ: ATAT), a leading lifestyle group in China, today announced that the Company has filed its annual report on Form 20-F for the fiscal year ended December 31, 2025 with the U.S. Securities and Exchange Commission (“SEC”) on April 17, 2026.

The annual report is available on the Company’s investor relations website at <https://ir.yaduo.com>, and on the SEC’s website at <https://www.sec.gov>. The Company will provide hard copies of the annual report, free of charge, to its shareholders and ADS holders upon written request. Requests should be directed to the Company’s Investor Relations Department, Atour Lifestyle Holdings Limited, 20th floor, Wuzhong Building, 618 Wuzhong Road, Minhang District, Shanghai, 200433, People’s Republic of China.

**About Atour Lifestyle Holdings Limited**

Atour Lifestyle Holdings Limited (NASDAQ: ATAT) is a leading lifestyle group in China that operates both hospitality and retail businesses. As a leader in quality living, Atour is dedicated to creating an intimate ambiance where people can warmly connect. Guided by its people-serving philosophy, Atour continuously refines its products and services to curate exceptional experiences for every user.

For more information, please visit <https://ir.yaduo.com>.

**Investor Relations Contact**

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